

Sharona Dayan, DDS, DMSc

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PERSONAL DATA

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Office Address: 9735 Wilshire Boulevard Suite 211, Beverly Hills, Ca. 90212

EDUCATION

1999 DMSc, Oral Biology, Harvard University

1994 DDS, University of California, Los Angeles

1990 BS, University of California, Los Angeles

POST-GRADUATE CERTIFICATION PROGRAMS

1999 Clinical Certificate Periodontics, Harvard University School of Dental Medicine

1999 Clinical Certificate Oral Medicine, Harvard University School of Dental Medicine

1995 Hospital Dentistry, Brigham and Women's Hospital,
A Harvard University Affiliate

LICENSURES AND CERTIFICATIONS

2004 Diplomate, American Board of Periodontology

1997 State Licensure, Massachusetts, Dental License #19160

1995 State Licensure, California, Dental License #42992

2007-Present Academy of General Dentistry, Provider #314724

CLINICAL EXPERIENCE

2002-2016 Owner, Aurora Periodontal Care,
private practice limited to periodontology and oral medicine

2019-Present Owner, Sharona Dayan, DDS, DMSc, D/B/A Aurora Periodontal Care,
private practice limited to periodontology and oral medicine

TEACHING EXPERIENCE

2022- Present Clinical Instructor, Institute for Advanced Laser Dentistry

1998-1999 Clinical Instructor, Harvard School of Dental Medicine, 150 hours of clinical instruction

GRANTS AND FELLOWSHIPS AWARDED

1995-1999 NIH Institutional Grant

1999-2003 NRSA Individual Postdoctoral Fellowship

PUBLICATIONS

Books

1. **Dayan, Sharona**, "Keep Your Teeth: A Practical Guide for Everyone", Amazon Kindle Publishing

Peer-Reviewed Journals

2. Figuerido ML, **Dayan S**, Kim Y, McBride J, Kupper TS, Wong DT. Expression of cell-cycle regulator CDK2-associating protein 1 (CDK2AP1) in transgenic mice induces testicular and ovarian atrophy in vivo. Mol Reprod Dev, 2006
3. **Dayan S**, Stashenko P, Niederman R, Kupper TS. Oral epithelial overexpression of IL-1 alpha causes periodontal disease. J Dent Research 2004 Oct;83(10): 786-790
4. **Dayan S**, Simmons RK, Ahmed AR. Contemporary Issues in the diagnosis of oral pemphigoid: a selective review of the literature. Oral Surg Oral Med Oral Pathol Oral Radiol Endodon 1999 Oct;88(4): 424-430

LECTURES GIVEN

Institute For Advanced Laser Dentistry, “Lasers for Periodontal Bone Regeneration Around Teeth and Dental Implants”

2024	Miami, FL
2024	Anaheim, Ca
2023	New Orleans, CA
2023	Bellevue, WA
2023	San Jose, CA
2023	Vancouver, Canada
2023	Boise, ID
2023	The Woodlands, TX
2022	Santa Monica, CA
2022	Baton Rouge, LA
2022	Austin, TX
2022	Dana Point, CA
2020	Chicago, IL
2019	Costa Mesa, CA
2019	Pasadena, CA
2019	Tucson, AZ
2019	Fort Collins, CO
2019	Denver, CO
2019	Boise, ID
2019	Santa Fe, New Mexico

Invited Lectures

2024	CDA Presents, “Vitamins and Nutrients for Oral Health and Healing After Dental Implant Surgery”, Anaheim, California
2024	Los Angeles Dental Society, “The Treatment of Peri Implantitis”
2023	Alpha Omega Dental Society, “Laser LANAP Treatment For Periodontal Disease and Peri Implantitis
2015	Cape Cod District Dental Society, “Rethinking the Extracted Maxillary Anterior Tooth: An Interdisciplinary Approach for a Great Result”

- 2014 Metropolitan District Dental Society, “Dental Management of the Diabetic Patient”
- 2014 Cape Cod District Dental Society, “Dental Management of the Diabetic Patient”
- 2014 Yankee Dental Congress, “Crown Lengthening and Mucogingival Surgery Using Cadavers”
- 2013 Mount Ida School of Dental Hygiene, “Lasers in Periodontal Therapy”
- 2013 Mount Ida School of Dental Hygiene, “Root Coverage Using AlloDerm as an Alternative to the Palate”
- 2013 Iranian American Medical Association Annual Meeting, “The Oral Systemic Connection-How Oral Health Contributes to Overall Health”
- 2013 Metropolitan West District Dental Society, “Dental Management of the Diabetic Patient”
- 2013 Cape Cod District Dental Society, “Root Coverage Using AlloDerm as an Alternative to the Palate”
- 2013 Yankee Dental Congress, “Root Coverage Using AlloDerm as an Alternative to the Palate”
- 2012 Parkway Norfolk Dental Study Club, “Gingival Recession and Esthetic Periodontal Therapy”
- 2012 Iranian American Medical Association Annual Meeting, “The Oral Systemic Connection-How a Healthy Mouth Contributes to Overall Health”
- 2012 South Shore District Dental Society, “Diagnosis and Treatment of Mucogingival Defects Using a Minimally Invasive Technique”
- 2012 Yankee Dental Congress, “Periodontal Surgery for the General Practitioner”
- 2012 Yankee Dental Congress, “Advanced Bone Grafting and Ridge Preservation”
- 2011 Mount Ida School of Dental Hygiene, “Diagnosis and Treatment of Mucogingival Defects Using a Minimally Invasive Technique”
- 2011 Weston Council on Aging, “Relationship Between Periodontal Disease and General Health”
- 2011 Yankee Dental Congress, “Minimally Invasive Surgery for Root Coverage Using AlloDerm”
- 2010 Mount Ida School of Dental Hygiene, “Diagnosis and Treatment of Gingival Recession Using AlloDerm”
- 2008 Yankee Dental Congress, “Periodontal Surgery for the General Practitioner”
- 2007 Yankee Dental Congress, “Palate-Free Grafting Using AlloDerm”
- 2006 Yankee Dental Congress, “Crown Lengthening, A Hands-On Workshop”
- 2006 Yankee Dental Congress, “Soft Tissue Surgery, A Hands-On Workshop”
- 2001 Society for Investigative Dermatology Annual Congress, “IL-1 alpha Over-Expression Accelerates Head and Neck Squamous Cell Carcinoma in Mice” (oral and poster presentations)

Podcast Interviews

- 2023 Ayeneh TV, “Is Your Body Thirsty? Top Tips for Effective Hydration”
- 2023 Ayeneh TV, “Nutrition for Oral Health”
- 2021 Dentistry Uncensored with Howard Farran, “The Importance of Vitamin D for Oral Health”
- 2021 Allen Ali Nasseh, “Vitamin D, Oral Health & The Microbiome”

- 2019 Tapesh TV, "Laser Treatment for Gum Disease and Advances in Airway-focused Dentistry"
- 2019 KIRN 670 AM Radio, "Advances in Laser Dentistry and Treatment of Gum Disease"

Media and Press

- 2020 Yahoo Lifestyle, "20 Signs of Cancer Usually Ignored by Women"
- 2020 Eat This, Not That! "20 Signs of Cancer Usually Ignored by Women"
- 2020 Eat This, Not That! "50 Things You Should Never Do at the Doctor's Office"
- 2020 Woman's World, "Sweet Breath=Better Health"
- 2019 Bestlife.com 23 "You're Doing That Would Horrify Your Dentist"
- 2019 MarthaStewart.com "Dentists Say These Are the 10 Worst Foods for Your Teeth"
- 2019 MSN.com "100 Ways Your Home Could Be Making You Sick"
- 2019 MSN.com "50 Unexpected Health Problems After 50"
- 2019 Romper 17 "Everyday Habits That Will Help You Live Longer, Happier & Healthier"
- 2019 Eat This, Not That! "Unexpected Health Problems After 50: Sleep Disordered Breathing"

PROFESSIONAL APPOINTMENTS

- 2003-1999 Research Fellow, Harvard Skin Disease Research Center
- 1999-1995 Research Fellow in Periodontology, Harvard School of Dental Medicine
- 1999-1995 Research Fellow in Oral Medicine, Harvard School of Dental Medicine

AWARDS AND HONORS

- 2005 Fellowship, International Congress of Oral Implantology
- 2001 Colgate Palmolive Research in Prevention Award
- 1993 Alpha Omega International Fraternity, Nathan A Styrt Scholarship Award

LEADERSHIP POSITIONS HELD

- 2004-2016 Director Boston Dental Alliance, as Affiliate of Seattle Study Club, organized and led over 80 accredited continuing education programs
- 1991-1990 UCLA School of Dentistry Freshman Class President

WORKSHOPS AND ADVANCED TRAINING

- 2020 Academy of Oral Myofunctional Therapy, Director Joy Moeller, RDH
- 2019 Airway-Focused Dentistry, Director Mark Cruz, DDS
- 2018 The Academy of Interdisciplinary Dentofacial Therapy, Director Richard Roblee, DDS
- 2011 Misch Implant Institute, Director Carl Misch, DDS, Advanced Bone Grafting And Sinus Grafting For Dental Implants
- 2009 Kois Center, Director John Kois, Functional Occlusion I
- 2008 Harvard Law School Program on Negotiation
- 2007 Kois Center, Director John Kois, Treatment Planning I

2007	Center for Advanced Dental Education, Director Edward Pat Allen, DDS, PhD, Soft Tissue Grafting for Teeth and Dental Implants
2007	Wilckodontics, Accelerated Osteogenic Orthodontics
2007-2005	Misch Implant Institute, Director Carl Misch, DDS, Surgical Oral Implantology Program
2004	The Dawson Academy, Director Pete Dawson, DDS
2004	IDEA Institute, Director Robert Lamb, DDS, Advanced Bone Grafting

Accomplishments

2005-Present Create, develop and maintain AuroraPeriodontal.com

2005-Present Author and publish monthly blog posts for AuroraPeriodontal.com