Transforming patient outcomes requires more than skill - it calls for the integration of nutrition, sleep, airway, and systemic health into modern dental care.

Dr. Sharona Dayan, DDS, DMSc, is a Harvard-trained, board-certified periodontist, oral medicine specialist, and published author dedicated to redefining how we approach oral and systemic health. Founder of Aurora Periodontal Care in Beverly Hills, Dr. Dayan is a nationally recognized expert in laser dentistry, tissue regeneration, implantology, and the oral-systemic connection. A second-generation dentist, Dr. Dayan's journey began in Iran, where she and her family were forced to flee persecution. This early experience shaped her lifelong commitment to service and education. After completing her undergraduate degree at UCLA, she earned dual specialty degrees in Periodontology and Oral Medicine from Harvard University, along with a Doctor of Medical Sciences in Oral Biology. Her NIH-funded research at Brigham and Women's Hospital led to the first genetic test for periodontal disease.

Dr. Dayan has been awarded prestigious grants and fellowships, including an NIH Institutional Grant and a National Research Service Award (NRSA) Individual Postdoctoral Fellowship for her groundbreaking work in oral biology. She has served as a Clinical Instructor at both Harvard School of Dental Medicine and the Institute for Advanced Laser Dentistry, shaping the next generation of dental professionals.

With over five years of advanced specialty training beyond dental school - including certifications from the Misch International Implant Institute, the Kois Center, and the Institute for Advanced Laser Dentistry - Dr. Dayan blends rigorous science with compassionate patient care. She lectures nationally, serves as a consultant for dental professionals seeking to elevate patient outcomes, and is the author of *Keep Your Teeth: A Practical Guide for Everyone*, available on Amazon.

Through her dynamic presentations, Dr. Dayan empowers dental professionals with integrative strategies for improving implant success, periodontal health, and patient outcomes by addressing the overlooked roles of nutrition, airway health, and sleep. She is a frequent guest on podcasts, a sought-after expert for media outlets, and has led a dental study club focused on integrating oral health with whole-body wellness.

At the heart of her work is a deep respect for the body's natural healing ability. Her approach weaves modern scientific advocacy with the enduring wisdom of nature and tradition, oCering a truly integrative path to oral and systemic healing.



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